The Conversation Project

Bright Spots and the Importance of our Shared Humanity/Connectedness

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WebEx Reference

Audio settings
Open chat
Chat to “All Participants”
The Conversation Project Field Team

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Warm-up Question

Type into the chat box the following:

*Your name, organization, where are you located*

Make sure you send your message to “All Participants.”
A public engagement campaign dedicated to assure that everyone’s wishes for end-of-life care are expressed and respected.
Agenda

- Framing
- Sharing our stories
- Opportunities and wrap up
What causes you concern about COVID-19
What brings you HOPE about Covid-19
What is YOUR overload at the moment?

Make sure you send your message to “All Participants.”
bright spot  noun

Definition of bright spot

informal

: a good thing that occurs during a bad or difficult time

\[//\] Car sales were one of the few bright spots for the economy last year.
Chat

Share across the call in the chat box:

What is one of your bright spots at the moment?

E.g. How are you reaching people to support conversations about what matters most when it comes to life, living and care wishes?

Make sure you send your message to “All Participants.”
My Bright Spots (always!)
My Bright Spots
TCP Bright Spots: YOU!
Bright spots: Docs walk the talk

“Do I want a ventilator? Coronavirus prompts more people to consider, or revisit, end-of-life care”

Bright spots: Calls to action

- COVID-19 and Equity: Tragedy and Opportunity

Bright spots: Sharing stories

“I’m so grateful for the work I’d done to come to terms with death and dying.”

By Tarlise Townsend
Sharing stories
Speak(easy) Howard County

CARING FOR AN AGING PARENT OR LOVED ONE?

- Learn what you need to know about their care preferences
- Get local help for you (support groups, assisted living, etc.)

Get Started

MEDICAL, WILL OR ESTATE PLANNING?

- Learn 5 tips for getting your affairs in order
- Get free Maryland forms for declaring medical preferences
- See a list of local estate planning attorneys and legal help

Get Started
Speak(easy) Howard County

Caring for an Elderly Parent or Loved One in Howard County? We’re Here to Help

Securing medical preferences
One of the most important things you can do for your loved one is to ensure their medical preferences are known and honored.

To do that, we recommend:
- Naming their health care agent
- Consider completing a living will
- Get clarity on the kind of care your loved one wants

Get the support you need
Caring for an aging loved one requires a lot of you. But you don’t need to do it alone.

Here are local resources that can help:
- Local support groups for caregivers
- Local assisted living, nursing homes or in-home support
- Help completing medical tasks for loved ones
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Don’t do it alone. Pick your health care agent.

You don’t have to (and shouldn’t) do this alone. We recommend the first step you take in getting your affairs in order is to choose your health care agent. What is a health care agent? Good question. It’s the person assigned to make medical decisions for you based on your preferences if for some reason you can’t speak for yourself. Sometimes a health care agent is also referred to as a health care proxy, medical proxy or medical power of attorney. All those terms mean the same thing. Choosing this person is a surefire way to remain in control of your medical care and help your loved ones avoid conflict.

Getting your affairs in order?
5 tips for Howard County, MD residents.
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What If I Can’t Avoid The Hospital Right Now?
Howard County Leaders Tell You How to Prepare for Healthcare During the COVID-19 Pandemic

Declare who should make your medical decisions if you can’t.

A health care agent, or health care proxy, is the person you assign to make your medical decisions if you have an emergency and can’t speak for yourself. Right now, most Howard County medical facilities do not allow family members to visit or accompany you to appointments, hospital stays, or even trips to the emergency room. That means now, more than ever, doctors need to know who to call if you lose the ability to communicate.

What to do now
FLOOD THE CHAT!

Share your bright spots:
How you are reaching people to support conversations about what matters most when it comes to life, living and care wishes?

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What has made a difference in your community?
Upcoming Opportunities & Keeping Connected
Facebook Group: TCP Community Champions

https://bit.ly/2ukc7B0
Reimagine Virtual Festival: Now-July 9, 2020

https://letsreimagine.org/worldwide

Participate!

And/or do something great!
Join us in co-creating
Reimagine: Life, Loss, & Love

Worldwide Virtual Festival, May 1 – July 9
Other resources

- TCP Blogs: https://theconversationproject.org/tcp-blog/
  - Supporting Healthcare Staff Wellbeing
  - Thoughtful Ice Breakers That Lead to Meaningful Conversations

- IHI.org
  - Stories of the COVID Crisis
    https://covidstories.ihi.org/
  - COVID-19 resources and blogs

- Global COVID-19 Relief coalition
  https://covidwhitepaper.com/
Call for abstracts: **due June 1st.**

Considerations:

- **Community groups**: How healthcare organizations/clinicians benefit by partnering with community groups like yours to increase ACP
- **Health care orgs**: How you are engaging the public on ACP (before and during COVID-19)?
- Pairing up with others – joint panel, workshop

[http://www.ihi.org/education/Conferences/National-Forum/Pages/proposals.aspx?utm_source=hs_email&utm_medium=email&utm_content=2&_hsenc=p2ANqtz--0Jfg3hA_MZ4PQ2RXF3fbbvFVQitUpe2Q3FOHApvx0ZiioKMYjCZ0G5NOGn73TlizgKEoXmuvi9qQ66w6Vl5ocys-M8w&_hsmi=2](http://www.ihi.org/education/Conferences/National-Forum/Pages/proposals.aspx?utm_source=hs_email&utm_medium=email&utm_content=2&_hsenc=p2ANqtz--0Jfg3hA_MZ4PQ2RXF3fbbvFVQitUpe2Q3FOHApvx0ZiioKMYjCZ0G5NOGn73TlizgKEoXmuvi9qQ66w6Vl5ocys-M8w&_hsmi=2)
Ways to Engage with TCP’s network

- Tweet us, tag us on social media
  - Twitter: @convopproject
  - Facebook: The Conversation Project
  - Instagram: convopproject
Ways to Engage with TCP’s network

- Search, connect/network and learn together

Conversation Champions Map

- Connect with others doing similar work in your area.
  - You can search by location, organization, name, and filter by setting: faith, health care, or community. Feel free to reach out directly to members on the map via their listed contact information.

- Apply here to be listed on the map if you are actively sharing TCP resources and/or messaging.

The Conversation Project (TCP) relies on the Conversation Champions, like the ones listed on the map below, to help spread the importance of end-of-life care conversations in their communities. These groups plan their own programming using TCP resources or messaging (in addition to their own). As a reminder, TCP has no preference for what someone’s wishes for end-of-life care should be — we just want folks to start talking about it. Read more about our principles HERE.

https://theconversationproject.org/get-involved
Ways to Engage with TCP’s network

- Sign up and share: Monthly Newsletters
  - General Newsletter
  - Community Engagement Newsletter
  - NHDD

https://theconversationproject.org/get-involved
Heads up: Patient self determination act and other waivers

COVID-19 Emergency Declaration Blanket Waivers for Health Care Providers

The Trump Administration is taking aggressive actions and exercising regulatory flexibilities to help healthcare providers contain the spread of 2019 Novel Coronavirus Disease (COVID-19). CMS is empowered to take proactive steps through 1135 waivers as well as, where applicable, authority granted under section 1812(f) of the Social Security Act (the Act) and rapidly expand the Administration’s aggressive efforts against COVID-19. As a result, the following blanket waivers are in effect, with a retroactive effective date of March 1, 2020 through the end of the emergency declaration. For general information about waivers, see Attachment A to this document. These waivers DO NOT require a request to be sent to the 1135waiver@cms.hhs.gov mailbox or that notification be made to any of CMS’s regional offices.

Flexibility for Medicare Telehealth Services
Thanks and appreciation

The John A. Hartford Foundation
Dedicated to Improving the Care of Older Adults
We want your feedback!

After this call you will be redirected to a Survey Monkey form

Please take a few moments to answer the following questions:

– How useful was this session on a scale from 1-5?
– What would you like to learn more about?
– Any other comments on today's session?