

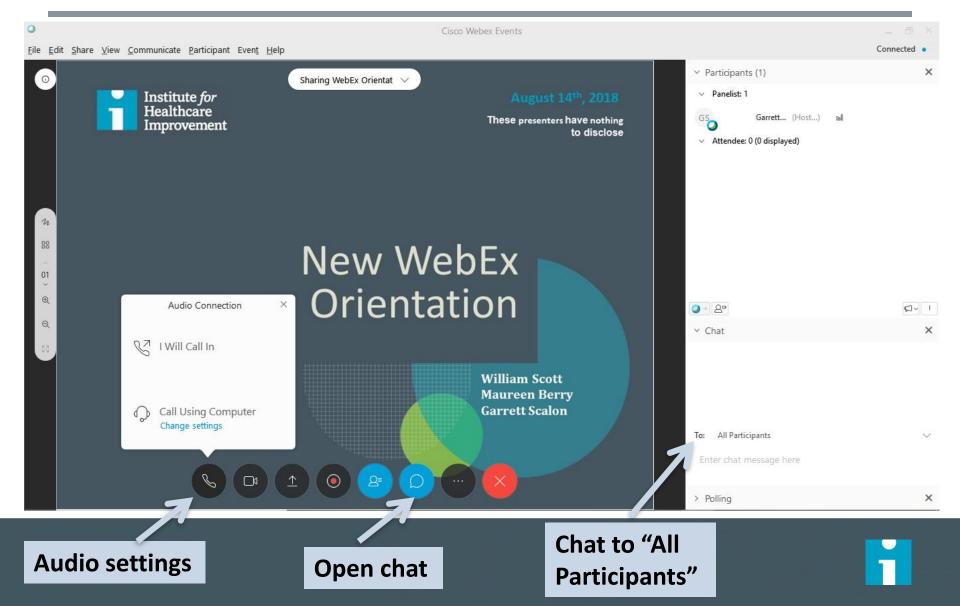
## The Conversation Project

### **Bright Spots and the Importance of our Shared Humanity/Connectedness**

May 20, 2020

Patty Webster Naomi Fedna

## WebEx Reference



### The Conversation Project Field Team



Patty Webster Advisor, Community Engagement



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Naomi Fedna Project Coordinator



Warm-up Question

Type into the chat box the following:

Your name, organization, where are you located

Make sure you send your message to "All Participants."



A public engagement campaign dedicated to assure that everyone's wishes for end-of-life care are expressed and respected.







### Framing

- Sharing our stories
- Opportunities and wrap up



### What causes you concern about COVID-19





### What brings you HOPE about Covid-19









Type into the chat box the following:

### What is YOUR overload at the moment?

### Make sure you send your message to "All Participants."



# Merriam-webster



R Save Word

#### Definition of bright spot

informal

: a good thing that occurs during a bad or difficult time

// Car sales were one of the few *bright spots* for the economy last year.



Share across the call in the chat box:

### What is one of your bright spots at the moment?

E.g. How are you reaching people to support conversations about what matters most when it comes to life, living and care wishes?

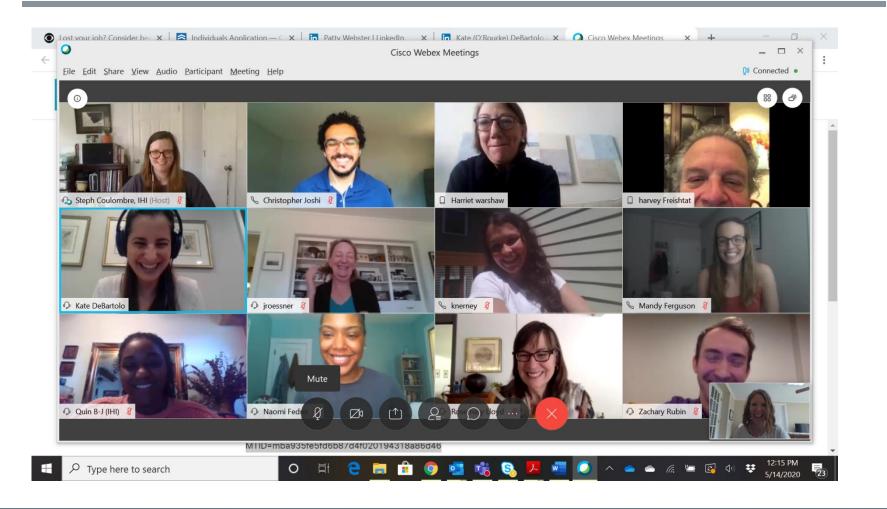
> Make sure you send your message to "All Participants."



# My Bright Spots (always!)



# My Bright Spots



# TCP Bright Spots: YOU!





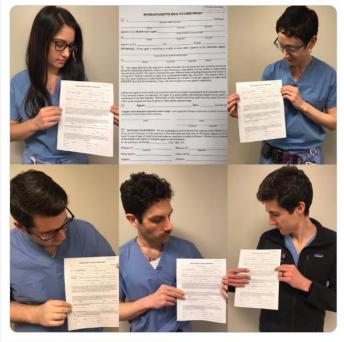
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# Bright spots: Docs walk the talk



Samuel D. Slavin @sdslavin

For me and my co-residents, conversations about our own serious illness seemed far in the distance. Tonight, we signed health care proxy forms naming who will make decisions for us if we are too sick to do so. #COVID19



7:36 AM · Mar 21, 2020 · Twitter for iPhone

"Do I want a ventilator? Coronavirus prompts more people to consider, or revisit, end-of-life care"

https://www.bostonglobe.com/2020/04/20/ metro/do-i-want-ventilator-coronavirusprompts-more-people-consider-or-revisitend-of-life-care/



# Bright spots: Calls to action

### COVID-19 and Equity: Tragedy and Opportunity

http://www.ihi.org/communities/blogs/covid-19-and-equity-tragedy-andopportunity?utm\_source=IHI\_Homepage&utm\_medium=Rotating\_Feature



the conversation project

# Bright spots: Sharing stories



"I'm so grateful for the work I'd done to come to terms with death and dying."

By Tarlise Townsend



# Sharing stories



#### CARING FOR AN AGING PARENT OR LOVED ONE?

Get Started



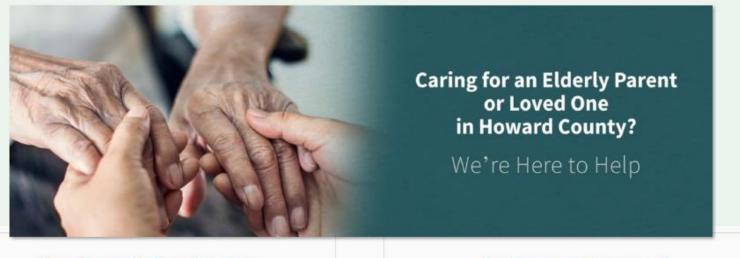
- Learn what you need to know about their care preferences
- Get local help for you (support groups, assisted living, etc.)

#### MEDICAL, WILL OR ESTATE PLANNING?



- Learn 5 tips for getting your
   affairs in order
- Get free Maryland forms for declaring medical preferences
- See a list of local estate planning attorneys and legal help





#### Securing medical preferences

One of the most important things you can do for your loved one is to ensure their medical preferences are known and honored.

To do that, we recommend:

#### Get the support you need

Caring for an aging loved one requires a lot of you. But you don't need to do it alone.

Here are local resources that can help:

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Consider completing a living will



Get clarity on the kind of care your loved one wants



Local support groups for caregivers

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Local assisted living, nursing homes or in-home support

Help completing medical tasks for loved ones



#### Don't do it alone. Pick your health care agent.

You don't have to (and shouldn't) do this alone. We recommend the first step you ta getting your affairs in order is to choose your health care agent. What is a health ca Good question. It's the person assigned to make medical decisions for you based or preferences if for some reason you can't speak for yourself. Sometimes a health car also referred to as a health care proxy, medical proxy or medical power of attorney those terms mean the same thing. Choosing this person is a surefire way to remain of your medical care and help your loved ones avoid conflict.

Getting your affairs in order?

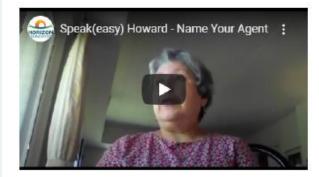
5 tips for Howard County, MD residents.

Read More

### What If I Can't Avoid The Hospital Right Now?

Howard County Leaders Tell You How to Prepare for Healthcare During the COVID-19 Pandemic

### Declare who should make your medical decisions if you can't.



A health care agent, or health care proxy, is the person you assign to make your medical decisions if you have an emergency and can't speak for yourself. Right now, most Howard County medical facilities do not allow family members to visit or accompany you to appointments, hospital stays, or even trips to the emergency room. That means now, more than ever, doctors need to know who to call if you lose the ability to communicate.

What to do now

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### Share your bright spots: How you are reaching people to support conversations about what matters most when it comes to life, living and care wishes?

What has made a difference in your community?



# Upcoming Opportunities & Keeping Connected



### Facebook Group: TCP Community Champions<sup>25</sup>

The Conversation Project: Community Champions Private group	
Interacting as The Conversation Project	the conversation project
About	
Discussion	Community Champions
Members	Community Champions
Photos	
Watch Party	
Moderate Group	Joined 🔻 🗸 Notifications 🕹 Share 🚥 More
Group Quality	
Search this group Q	Write Post       Image: Photo/Video       Image: Photo/Vide
Shortcuts  The Conversation P 20	Write something Write something Write something

#### https://bit.ly/2ukc7B0



### Reimagine Virtual Festival: Now-July 9, 2020



https://letsreimagine.org/worldwide

### **Participate!**

#### And/or do something great!

Join us in co-creating Reimagine: Life, Loss, & Love

Worldwide Virtual Festival, May 1 – July 9



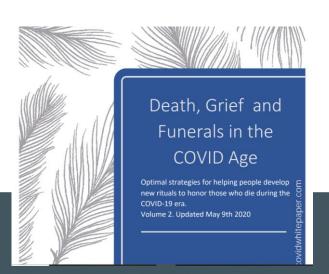
# Other resources

TCP Blogs: <u>https://theconversationproject.org/tcp-blog/</u>

- Part 1 & 2: Ritual and Grief in the Time of COVID-19
- Supporting Healthcare Staff Wellbeing
- Thoughtful Ice Breakers That Lead to Meaningful Conversations
- IHI.org
  - Stories of the COVID Crisis
    - https://covidstories.ihi.org/
  - COVID-19 resources and blogs
- Global COVID-19 Relief coalition

https://covidwhitepaper.com/





# IHI National Forum: Dec 6-9. 2020

Call for abstracts: due June 1st.



Considerations:

- Community groups: How healthcare organizations/clinicians benefit by partnering with community groups like yours to increase ACP
- Health care orgs: How you are engaging the public on ACP (before and during COVID-19)?
- Pairing up with others joint panel, workshop

http://www.ihi.org/education/Conferences/National-Forum/Pages/proposals.aspx?utm\_source=hs\_email&utm\_medium=email&utm\_con tent=2& hsenc=p2ANqtz--0jfq3hA\_MZ4PQ2RXF3fbbyFVQitUpe2Q3FOHApvx0ZiioKMYjCZ0G5NOGn73Tlizg KEoXmuvI9qQ66w6VI5ocys-M8w&\_hsmi=2



# Ways to Engage with TCP's network

Tweet us, tag us on social media
 Twitter: @convoproject
 Facebook: The Conversation Project
 Instagram: convoproject





### Ways to Engage with TCP's network

### Search, connect/network and learn together

**Conversation Champions Map** 

- Connect with others doing similar work in your area.
  - You can search by location, organization, name, and filter by setting: faith, health care, or community. Feel free to reach out directly to members on the map via their listed contact information.
- · Apply here to be listed on the map if you are actively sharing TCP resources and/or messaging.

The Conversation Project (TCP) relies on the Conversation Champions, like the ones listed on the map below, to help spread the importance of end-of-life care conversations in their communities. These groups plan their own programming using TCP resources or messaging (in addition to their own). As a reminder, TCP has no preference for what someone's wishes for end-of-life care should be – we just want folks to start talking about it. Please read more about our principles HERE.





#### https://theconversationproject.org/get-involved



### Ways to Engage with TCP's network

- Sign up and share: Monthly <u>Newsletters</u>
  - General Newsletter
  - Community Engagement Newsletter
  - NHDD

https://theconversationproject.org/get-involved





### Heads up: Patient self determination act and other waivers



#### COVID-19 Emergency Declaration Blanket Waivers for Health Care Providers

The Trump Administration is taking aggressive actions and exercising regulatory flexibilities to help healthcare providers contain the spread of 2019 Novel Coronavirus Disease (COVID-19). CMS is empowered to take proactive steps through 1135 waivers as well as, where applicable, authority granted under section 1812(f) of the Social Security Act (the Act) and rapidly expand the Administration's aggressive efforts against COVID-19. As a result, the following blanket waivers are in effect, with a retroactive effective date of March 1, 2020 through the end of the emergency declaration. For general information about waivers, see Attachment A to this document. These waivers DO NOT require a request to be sent to the <u>1135waiver@cms.hhs.gov</u> mailbox or that notification be made to any of CMS's regional offices.

**Flexibility for Medicare Telehealth Services** 



# Thanks and appreciation



### The John A. Hartford Foundation Dedicated to Improving the Care of Older Adults





## We want your feedback!

 After this call you will be redirected to a Survey Monkey form

Please take a few moments to answer the following questions:

- How useful was this session on a scale from 1-5?
- What would you like to learn more about?
- Any other comments on today's session?

