



Institute for
Healthcare
Improvement

The Conversation Project

Conversation Sabbath 2019

August 21, 2019



Rosemary Lloyd
Naomi Fedna

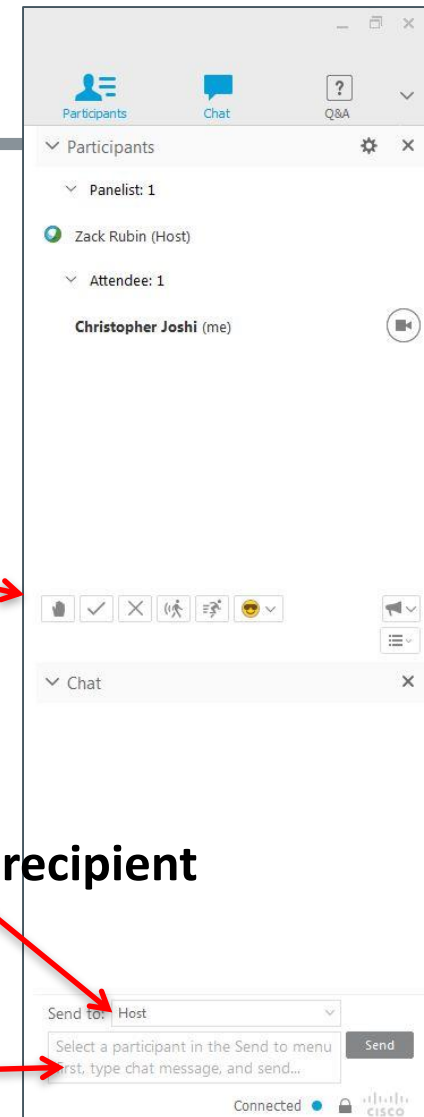
WebEx Quick Reference

- Welcome to today's session!
- Please use Chat to "All Participants" for questions
- For technology issues only, please Chat to "Host"
- WebEx Technical Support: 866-569-3239
- Dial-in Info: Audio / Audio Conference (in menu)

Raise your hand

Select Chat recipient

Enter Text



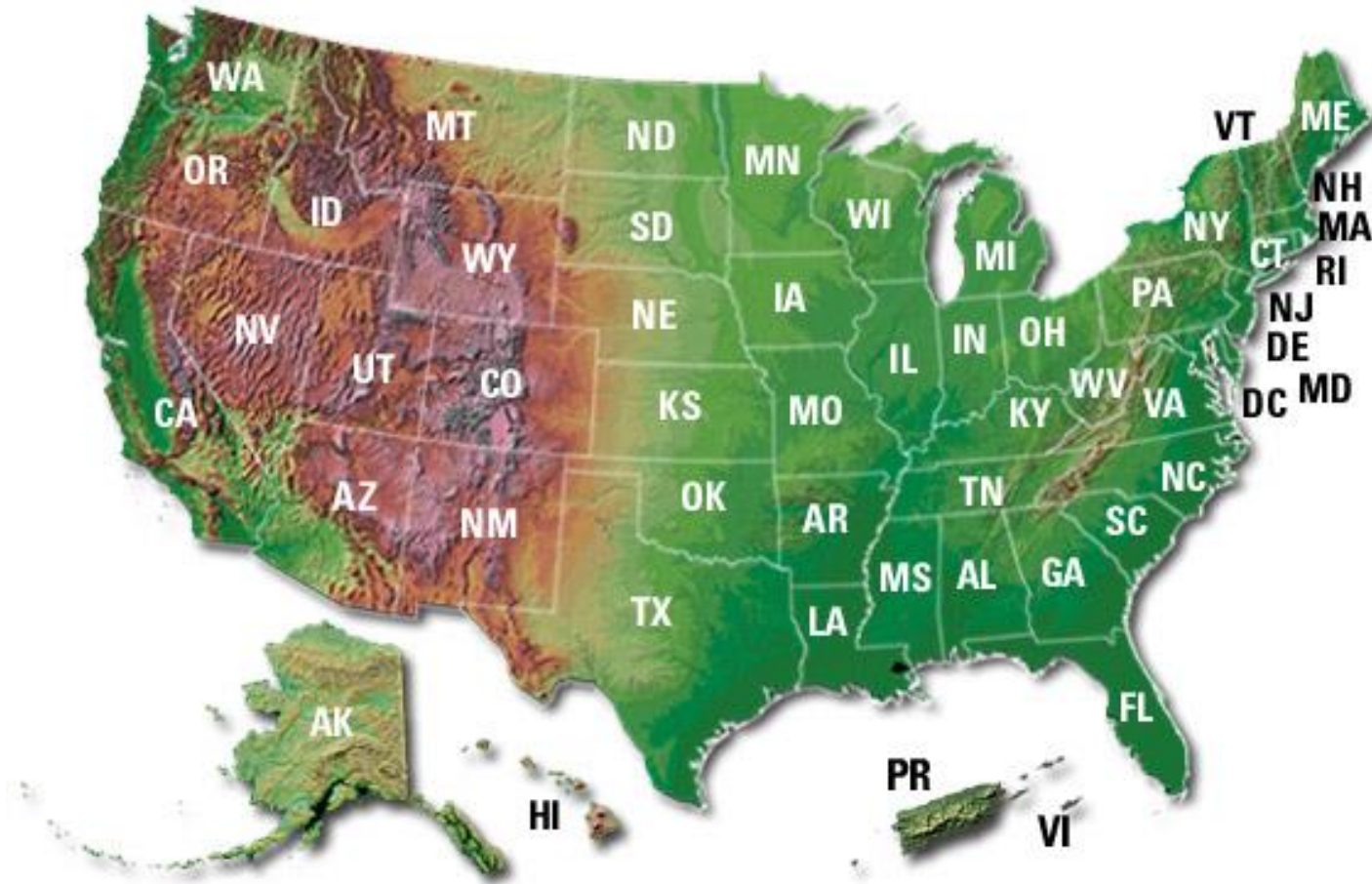
Ice Breaker Question

Type into the chat box your response to the following question:

Are you a member of a congregation? Which one? Where is it?

Make sure you send your message to “All Participants.”

Where are you located on the map?



Faculty



Rev. Rosemary Lloyd, BSN, MDiv

Advisor to Faith Communities for
The Conversation Project

- Graduate Georgetown University and Harvard Divinity School
- Ordained Unitarian Universality Minister, Served The First Church in Boston
- Graduate of Metta Institute
- Former R.N., CPE intern at DFCI, Hospice Volunteer

Guest Presenters

Health District

ADVANCE CARE PLANNING TEAM



Mindy Rickard
Project Coordinator



Eva Ireland
Team Guide

Six Reasons for Congregations to Get Involved

1. Existing communities - shared values
2. Encouraging more compassion and less fear
3. Story-telling communities
4. Planting seeds of cultural change
5. They like to eat together!
6. Positioned to support and people with serious illness, their families and clinicians

con\ersation sabbath

Oct. 25 – Nov. 3 | #ConvoSabbath

the con\ersation project



Bethel AME • Planning Ahead

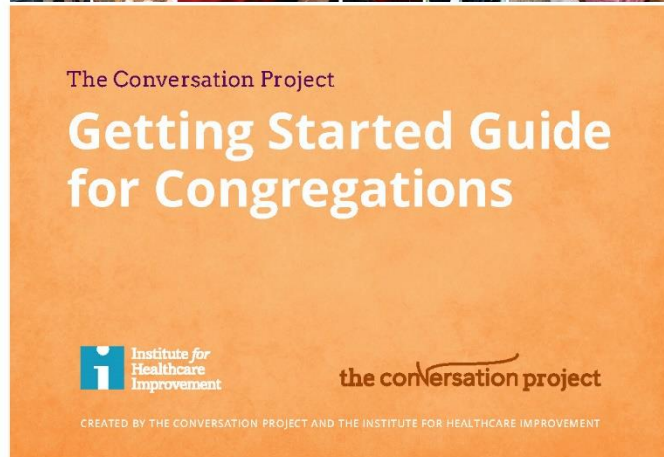


Resources for Congregations



www.theconversationproject.org/faith

- Sermons
- Bethel AME Case Study
- Videos on Catholic and Jewish Ethics



Guest Presenters

Health District

ADVANCE CARE PLANNING TEAM



Mindy Rickard
Project Coordinator



Eva Ireland
Team Guide

LARIMER ADVANCE CARE PLANNING TEAM

Working in Faith Communities



Where We Started:

- Larimer County Church Outreach
- 2017 Conversation Sabbath Project in Estes Park
 - The Conversation Project “mini-training”
 - Identified congregation leaders with help of church leadership
 - Developed a “How To” list of suggestions



Program Successes:




- Trained two individuals in the Church of Jesus Christ (LDS) to be facilitators in their wards
 - Conversation Project educational event followed by a signing event
 - Sustainability as part of their Relief Society Program in Larimer County.
- Support group outreach
 - Widow Support Group, Older Adult Support Groups, and other congregational groups

Successes Continued:


- Larimer County Faith Nursing group
- Growing relationship with local Saint Luke's Medical Clinic (a Catholic-based organization)
- LACP presence at Faith Medical Clinic



Collaborations:



Inter-Faith Counsel
presentation with
behavioral health
teams from the
Health District



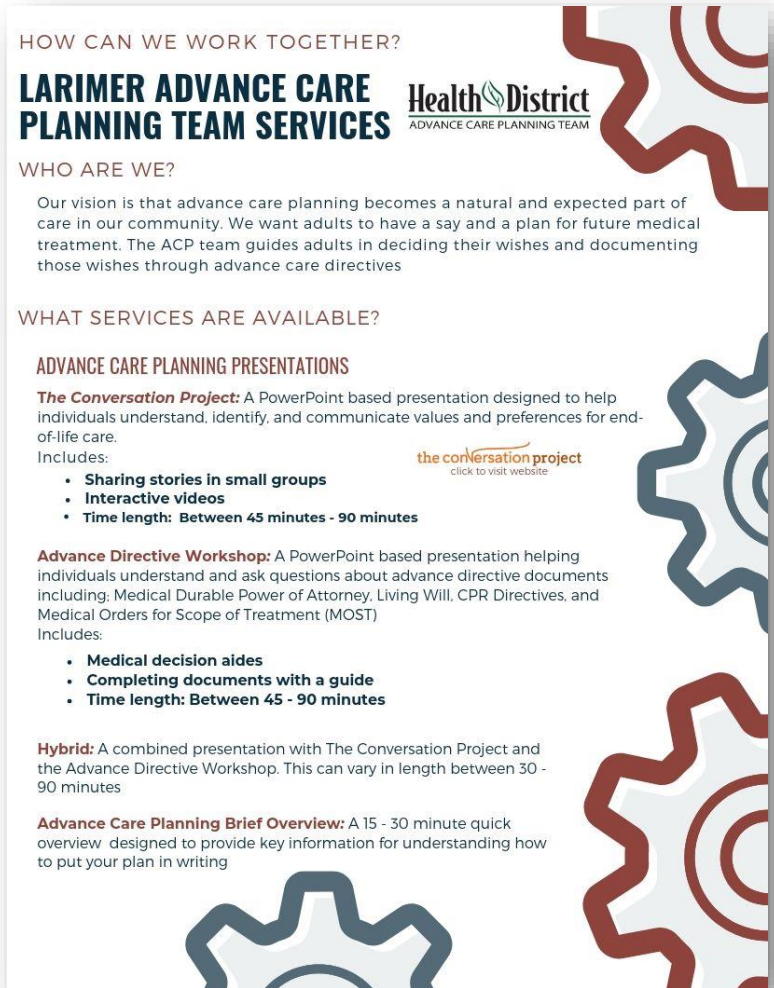
End-of-life event
at local
Unitarian Church



"Health Care-A-
Van" health
services and
testing offered
with First Christian
Church

Services Offered

- Advance Care Planning Presentations
 - The Conversation Project
 - Advance Directive Workshop
 - Hybrid option of the two
- Film-Based ACP Events
 - Facing your Fears
 - Being Mortal
 - Creating a Bucket List with TED talks
 - End Game



HOW CAN WE WORK TOGETHER?

LARIMER ADVANCE CARE PLANNING TEAM SERVICES 
ADVANCE CARE PLANNING TEAM

WHO ARE WE?

Our vision is that advance care planning becomes a natural and expected part of care in our community. We want adults to have a say and a plan for future medical treatment. The ACP team guides adults in deciding their wishes and documenting those wishes through advance care directives

WHAT SERVICES ARE AVAILABLE?

ADVANCE CARE PLANNING PRESENTATIONS

The Conversation Project: A PowerPoint based presentation designed to help individuals understand, identify, and communicate values and preferences for end-of-life care.

Includes:

- **Sharing stories in small groups**
- **Interactive videos**
- **Time length: Between 45 minutes - 90 minutes**

 [click to visit website](#)

Advance Directive Workshop: A PowerPoint based presentation helping individuals understand and ask questions about advance directive documents including: Medical Durable Power of Attorney, Living Will, CPR Directives, and Medical Orders for Scope of Treatment (MOST)

Includes:

- **Medical decision aides**
- **Completing documents with a guide**
- **Time length: Between 45 - 90 minutes**

Hybrid: A combined presentation with The Conversation Project and the Advance Directive Workshop. This can vary in length between 30 - 90 minutes

Advance Care Planning Brief Overview: A 15 - 30 minute quick overview designed to provide key information for understanding how to put your plan in writing


Services Continued:

- Driving Miss Norma
- When Breath Becomes Air
- The Last Lecture
- Smoke Gets in Your Eyes
- The Death Deck Card Game


BOOK CLUB *for Mortals*

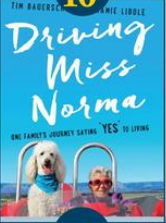
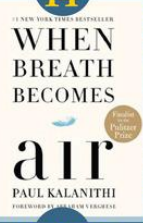
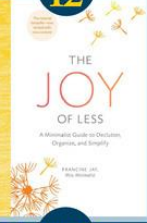


3:00 - 4:30 PM WEDNESDAYS
OLD TOWN LIBRARY
201 PETERSON ST.

Join us in powerful, joyful and even humorous discussions about the end of life journey and how others have navigated this event. Limited complimentary copies of each selection are available at Old Town Library. See online calendar for details.
 Presenter: Mindy Rickard | Larimer Advance Care Planning Team




CONNECT TO CURIOSITY
 For more information see monthly calendar.
www.poudrelibraries.org
 221-6740



OCTOBER 10	NOVEMBER 14	DECEMBER 12	JANUARY 9	FEBRUARY 13
 <p>Driving Miss Norma <i>Bauerschmidt/Liddle</i></p>	 <p>When Breath Becomes Air <i>Paul Kalanithi</i></p>	 <p>The Joy of Less <i>Francine Jay</i></p>	 <p>The Last Lecture <i>Randy Paus</i></p>	 <p>Smoke Gets in Your Eyes <i>Caitlin Doughty</i></p>


BOOK CLUB *for Mortals* & MORE


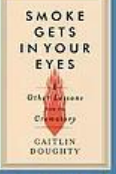


3:00 - 4:30 PM, WEDNESDAYS
OLD TOWN LIBRARY, 201 PETERSON ST.
 Join us in powerful, joyful and even humorous discussions about the end of life journey and how others have navigated this event.



CONNECT TO CURIOSITY
 For more information, see monthly calendar.
www.poudrelibraries.org, 221-6740

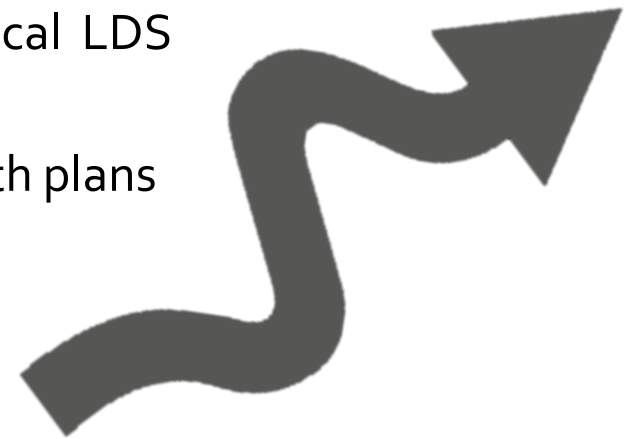
Presenter:
 Mindy Rickard, Larimer Advance Care Planning Team



JUNE 19	JULY 17	AUGUST 21	SEPTEMBER 18
 <p>Facing Your Fears: Straight talk about the dying process <i>Film & discussion with a palliative care medical professional.</i></p>	 <p>"Smoke Gets in Your Eyes" by Caitlin Doughty <i>How a job at a crematory turned morbid curiosity into life's work.</i></p>	 <p>"Being Mortal" by Atul Gawande <i>A video and book discussion about dying, the limits of medicine, and about living to the last with dignity.</i></p>	 <p>The Death Deck Card Game <i>A lively afternoon with stories and laughs to share. Explore a topic we are often afraid to discuss.</i></p>

Future Plans for Faith Community Engagement:

- Stevens Ministry at Crossroads Church.
- Offering education during church service followed by a Sunday afternoon signing event.
- Meeting with the Elders from nine wards of local LDS churches to do more education and training
- Presenting to the Elders at a mega-church with plans of an event



Questions?
Comments?
What has worked?
What are you planning?

Upcoming Community Calls

The next Conversation Project Community Call will take place on:

Wednesday, September 18th, 3:00-4:30 PM EDT

Date and Time	Topic
Wednesday, September 18 th , 3:00 – 4:30 pm ET	Virtual Speaker Training
Wednesday, October 16 th , 3:00 – 4:00 pm ET	Community 201: Sustainability
Wednesday, November 20 th , 3:00 – 4:00 pm ET	Special Interest: Solo Agers/Elder Orphans

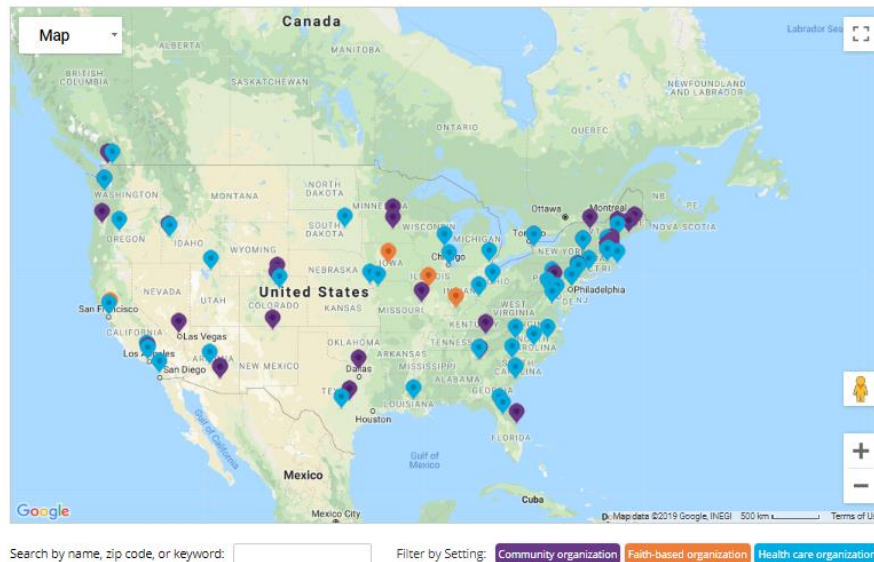
TCP Conversation Champions Map

● Search, connect/network and learn together

Conversation Champions Map

- Connect with others doing similar work in your area.
 - You can search by location, organization, name, and filter by setting: faith, health care, or community. Feel free to reach out directly to members on the map via their listed contact information.
- **Apply here** to be listed on the map if you are actively sharing TCP resources and/or messaging.

The Conversation Project (TCP) relies on the Conversation Champions, like the ones listed on the map below, to help spread the importance of end-of-life care conversations in their communities. These groups plan their own programming using TCP resources or messaging (in addition to their own). As a reminder, TCP has no preference for what someone's wishes for end-of-life care should be – we just want folks to start talking about it. Please read more about our principles [HERE](#).



<https://theconversationproject.org/get-involved>

Stay Connected!

- Twitter: @convoproject
- Facebook: The Conversation Project
- Instagram: convoproject
- Newsletter:
 - General Newsletter
 - Community Engagement Newsletter



We want your feedback!

- After this call you will be redirected to a Survey Monkey form
- Please take a few moments to answer the following questions:
 - How useful was this session on a scale from 1-5?
 - Given today's topic, what would you like to learn more about?
 - Any other comments on today's session?

con\ersation sabbath

Oct. 25 – Nov. 3 | #ConvoSabbath

the con\ersation project



Thanks and appreciation



The John A. Hartford Foundation
Dedicated to Improving the Care of Older Adults

