



How to Talk to Your Doctor (or any member of your health care team)

The Conversation Project is dedicated to helping people talk about their wishes for end-of-life-care.

Talking with your loved ones openly and honestly, before a medical crisis happens, gives everyone a shared understanding about what matters most to you at the end of life. (See the Conversation Starter Kit for help taking that first step. It's available for free at theconversationproject.org.)

After you've had the conversation with your loved ones, the next step is talking to your doctor or nurse about your wishes. Again, don't wait for a medical crisis; talking with your doctor or nurse now makes it easier to make medical decisions when the time comes.

the conversation project



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