

# Thoughtful Endings

*A new 3-part series of classes on End-of-Life Planning*



**Thursday, October 1st — 6:30 to 9:00 pm**

**Making End of Life Choices**, led by Constance Holden

*A well-known leader in the hospice movement, Constance will cover such important topics as identifying values, choosing a decision-maker and having all-important conversations about your wishes.*



**Thursday, November 5th — 6:30 to 9:00 pm**

**Practical Matters After Death**

led by Rev. Catharine Harris & Rev. Lydia Ferrante-Roseberry

*Our two favorite UU ministers will share their knowledge and wisdom about funeral or memorial planning, and guide us through the options for the body, including burial, cremation, and other matters.*



**Thursday, December 3rd — 6:30 to 9:00 pm**

**Your Legacy**, led by Janet Meyer and others

*What will you leave behind? Certified Legacy Navigator Janet Meyer will discuss ways to shape how you will be remembered, through writing, photos, and digital media. Other speakers will review the financial aspects of legacy, and present options to consider.*

Free of charge • Open to all • Childcare available

**Sign up below** or through the Adult RE page on the BVUUF website.

