

the conversation project in central florida

Volume 1 Number 2

WE ARE HERE FOR YOU

The Conversation Project in Central Florida can help you start your own Conversation Group. We have:

- Coaches
- Starter Kits
- Coaching the Conversation guides
- Delicious “Death over Dinner” recipes

Contact us to get started!

“I have an advance directive, not because I have a serious illness, but because I have a family.”

Ira Byock, MD

National Healthcare Decisions Day - Facebook Page

WHAT'S GOING ON IN CENTRAL FLORIDA

Here are some of the Conversation Project in Central Florida gatherings going on lately:

- ❖ **Matt Giles, Financial Advisor, Raymond James**, is hosting monthly Conversation Project/Death over Dinner style gatherings. Follow up workshops will focus on how to write powerful advance directives, based on the book *My Voice, My Choice*. Read more about the book [here](#).
- ❖ **Celebration Foundation**: Executive Director Gloria Niec is spearheading the launch of The Conversation Project in Celebration, FL. Through a partnership with the **Osceola County Public Library** and TCP in Central Florida. Celebration residents will be able to participate in TCP workshops.
- ❖ **Winter Park Memorial Hospital**, a Conversation Ready institution, is hosting training for their Spiritual Ambassadors to become TCP coaches.
- ❖ **The Orange County Library System, Southwest branch**, will be offering a book club series featuring *Being Mortal* by Atul Gawande.
- ❖ **Orlando Health Social Workers and Licensed Mental Health Counselors** attended an in-service on The Conversation Project sponsored by **Vitas Healthcare**.
- ❖ **Orlando Health ORMC/University of Florida Cancer Center at Orlando Health** is offering education on National Healthcare Decisions Day, April 16. Staff can access advance directive forms with chaplains present to assist team members in completing these documents.
- ❖ **Charlie Antoni, Palliative Care Coordinator at the Veterans Administration** hosts advance directive groups 3 Tuesdays a month.

Three Ways to Promote the Conversation

1. **Host a Conversation Group.** Not sure if you are ready? Contact us to gain experience by joining one of our Conversation Groups.
2. **Raise awareness.** Follow us on Facebook, and share our posts with your friends. Feel free to post on our page! Remember the power of the Ice Bucket challenge? Social media raised awareness of ALS because people shared on their personal pages. Show your Facebook friends the importance of planning for end of life.
3. **Have the Conversation.** *You can do it.*



Orange TV Katie Dagenais discusses the complexities of family conversations with (left to right) Amy Angert, Eldercare Collaboration; Reverend John Williams, Ward Chapel AME Winter Park; and Gloria Gluskin, Licensed Clinical Social Worker.

Contact Us
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“No one wants to die. Even people who want to go to heaven don't want to die to get there. And yet, death is the destination we all share. No one has ever escaped it, and that is how it should be, because death is very likely the single best invention of life. It's life's change agent. It clears out the old to make way for the new.” Steve Jobs

TAKE 10

This PBS [video](#) is about 10 minutes long, but is about the work we are all doing as part of a larger movement.

THINGS TO WATCH AND READ

- [PBS Newshour Weekend](#): WUCF in Orlando/March 28 at 7 PM
- [CBS How to Improve Dying in America](#)
- [New York Times Opinionator Series “The End”](#)

Final thoughts from wise men...

